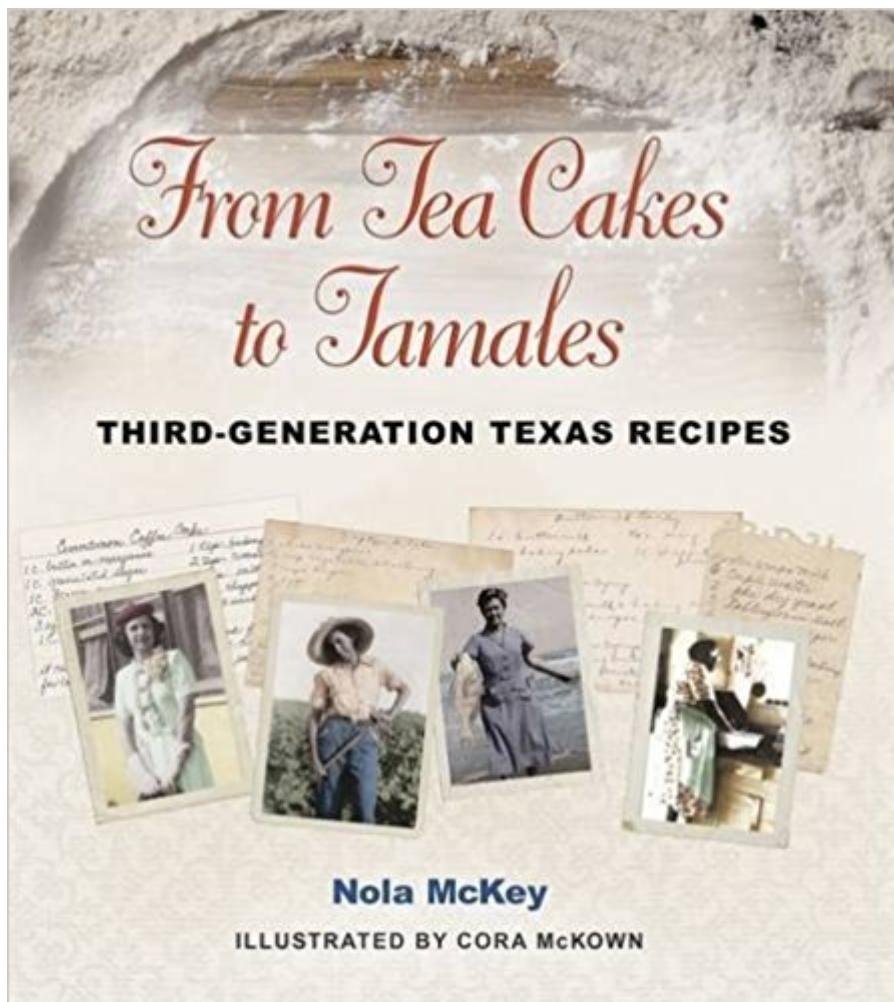


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# From Tea Cakes To Tamales: Third-Generation Texas Recipes (Clayton Wheat Williams Texas Life Series)



## Synopsis

Join journalist-turned-culinary historian Nola McKey on a Texas journey as she explores the stateâ™s foodways through heirloom recipes. In this collection of more than one hundred third-generation (and older) recipes, Texans share not only the delicious dishes they inherited from their ancestors but the stories and traditions that accompany them. With a strong focus on Texasâ™ cultural diversityâ™ recipes include Norwegian rosettes, Italian pizzelle, Czech sauerkraut, Chinese fried rice, Mexican caldo, Wendish noodles, and African American purple hull peasâ™. McKey documents the culinary impact of ethnic groups from around the globe. Â But this book is not for foodies alone; history enthusiasts will appreciate the snapshots of daily Texas life captured in the narratives accompanying recipes that span more than a century. Told primarily in the words of todayâ™s cooks, these multigenerational family recollections can take anyone on a trip down memory lane, back to a beloved grandmotherâ™s kitchen or a great-auntâ™s holiday table. Â Additionally, McKey provides tips for preserving your own family recipes and for recording the heritage surrounding a special dish. She also includes recommendations for festivals and museums where readers can learn more about Texas foods and cultures. Â Illustrated with family photos and original watercolors by Cora McKown, *From Tea Cakes to Tamales: Third-Generation Texas Recipes* will, itself, quickly become a Texas family heirloom.

## Book Information

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## Customer Reviews

Wonderful recipes! I love reading the history and origin of each one! Ms. McKey did an amazing job on this cookbook!

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